



## 5 Strumming Technique Tips

- 1 - Relax
- 2 - Honey & Feather Analogy
- 3 - Don't Lock Your Wrist
- 4 - Experiment With Your Pick Grip
- 5 - Mind Your Upstrokes

## Strumming Timing Exercise

G Major

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

TAB: 3 2 3 2 3 2 3 2 3 2 3 2 3 2 3 2

## Constant Strumming Technique Patterns

### Strumming Pattern 1

1	2	3	4
□	□	□	□

### Strumming Pattern 2

1	2	3	4
V	V	V	V

### Strumming Pattern 3

1	&	2	&	3	&	4	&
□	V	□	V	□	V	□	V

### Strumming Pattern 4

1	&	2	&	3	&	4	&
□	V	□	V	□	V	□	V